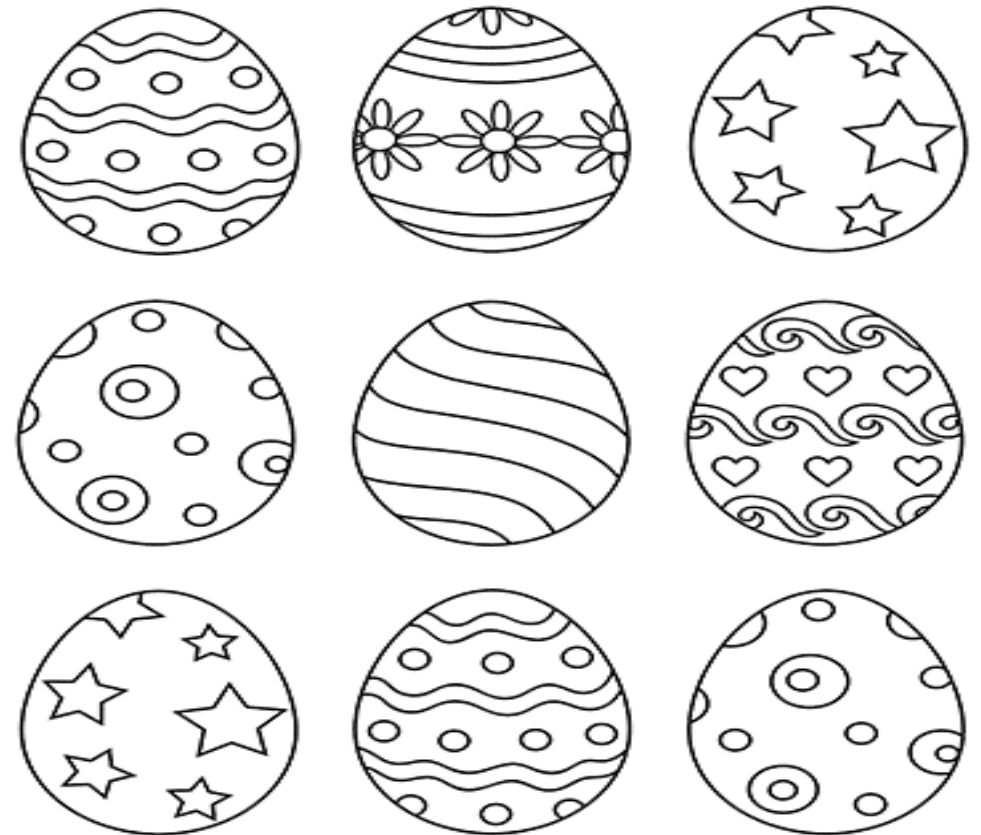
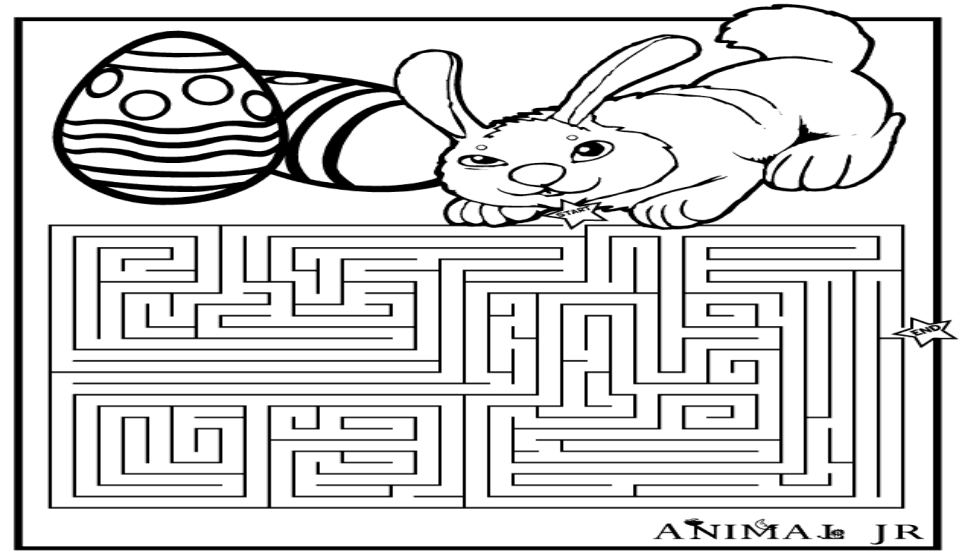


Nadaburg Unified School District
Breakfast and Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1 Mini Pancake Applesauce, Juice, Milk Bean Burrito Bowl FFV Bar Milk
5 Banana Bread Applesauce, Juice, Milk Chicken Nugget w/ Goldfish FFV Bar Milk	6 Mini Waffle Applesauce, Juice, Milk Chicken Soft Taco FFV Bar Milk	7 French Toast Applesauce, Juice, Milk Bean Enchiladas w/ Red Sauce FFV Bar Milk	8 Donut Large Apple, Milk Meatloaf & Baked Potato FFV Bar Milk
12 Mini Cinnamon Roll Applesauce, Juice, Milk Bean Burrito w/ Churro FFV Bar Milk	13 Pancake Wrap Applesauce, Juice, Milk Orange Chicken & Rice Bowl FFV Bar Milk	14 Cherry Frudel Applesauce, Juice, Milk Chicken Tenders FFV Bar Milk	15 Crescent Roll Applesauce, Juice, Milk Tostito Scoops w/ Bean Dip FFV Bar Milk
19 Cinn Toast Crunch Cereal Kit w/ Apple, Milk Fish & Chips FFV Bar Milk	20 Bkfst Wrap w/ Goldfish Salsa Cup, Juice, Milk Grilled Cheese & Wedges FFV Bar Milk	21 Choco Chunk Banana Bar Applesauce, Juice, Milk Chicken Nugget & Wedges FFV Bar Milk	22 French Toast Applesauce, Juice, Milk French Bread Pizza FFV Bar Milk
26 Trix Cereal Kit w/Apple, Milk Chicken & Waffles FFV Bar Milk	27 Rolled Taco Raisels, Juice, Milk Hamburger & Wedges FFV Bar Milk	28 Mini Pancake Applesauce, Juice, Milk Chicken Tender Bowl FFV Bar Milk	29 Bagelful Applesauce, Juice, Milk Big Daddy Pizza FFV Bar Milk

Nutritional information for lunch:
Cycle Week 1: Calories 2163, Sodium 3795 mg, Meat/Meat Alt 9, Grain 6.75
Cycle Week 2: Calories 2343, Sodium 3709 mg, Meat/Meat Alt 7, Grain 7
Cycle Week 3: Calories 2337, Sodium 3624 mg, Meat/Meat Alt 7, Grain 7
Cycle Week 4: Calories 1982, Sodium 2890 mg, Meat/Meat Alt 8, Grain 6.5
Cycle Week 5: Calories 2128, Sodium 3384 mg, Meat/Meat Alt 7, Grain 7
Cycle Week Alt: Calories 2195, Sodium 3415 mg, Meat/Meat Alt 8, Grain 7



Did You Know?

The date of Easter moves because it is based on the lunar calendar. It always falls on the first Sunday after the Full Moon after March 21st.

Did You Know?

One of the largest Easter eggs ever made was over 10m tall and weighed 7,200kg!

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